October 2017

BREAKFAST

Elementary

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday	Tuesday	Wednesday	Thursday	Friday
367 Cinnamon Raisin Bagel 670 Fresh Fruit 750 Apple Juice	NO SCHOOL TODAY 3	NO SCHOOL TODAY	319 Orange Cranberry Muffin 5 670 Fresh Fruit 753 Orange Juice	321 Banana Muffin 670 Fresh Fruit 749 Apple Cherry Juice
328 Chocolate Chip Muffin 752 Fruit Punch Juice 670 Fresh Fruit	304 Cinnamon Bagel-fuls 750 Apple Juice 658 Dried Fruit Blend	351 Cinnamon Toast Crunch Bar OR 325 Krave S'mores Cereal Pouch 670 Fresh Fruit 749 Apple Cherry Juice	359 Honey Scooters Cereal 642 Dole Mandarin Oranges 748 Grape Juice	368 Plain Bagel 670 Fresh Fruit 696 Raisins
327 Pillsbury Mini Maple Waffles 670 Fresh Fruit 749 Apple Cherry Juice	359 Honey Scooters Cereal 17 688 Applesauce 752 Fruit Punch Juice	323 Apple Cinnamon Muffin 670 Fresh Fruit 658 Dried Fruit Blend	304 Cinnamon Bagel-fuls OR 367 Cinnamon Raisin Bagel 670 Fresh Fruit 748 Grape Juice	329 Trix Cereal Bar 670 Fresh Fruit 750 Apple Juice
368 Plain Bagel 670 Fresh Fruit 691 Orange Amazin Raisins	351 Cinnamon Toast Crunch 24 Cereal Bar OR 325 Krave S'mores Cereal Pouch 647 Dole Mandarin Oranges 749 Apple Cherry Juice	369 Pillsbury Berry Blast French Toast 670 Fresh Fruit 688 Applesauce	308 Strawberry Filled Bagel 697 Bagged Apple Slices 752 Fruit Punch Juice	322 Blueberry Muffin 670 Fresh Fruit 753 Orange Juice
30 365 Cinnamon Frosted Flakes Pouch 670 Fresh Fruit 752 Fruit Punch Juice	319 Orange Cranberry Muffin 688 Applesauce 670 Fresh Fruit	366 Blueberry Bagel 690 Strawberry Amazin Raisins 749 Apple Cherry Juice	350 Apple Cinnamon Cheerios Bar 608 Dole Tropical Fruit Cup 750 Apple Juice	NO SCHOOL TODAY 3